

FOR IMMEDIATE RELEASE
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1st Annual Pennsylvania Wellness Summer Institute at Millersville University

To meet the professional development needs of Pennsylvania's educators, Millersville University, partnering with education and community leaders, is offering on-campus Summer Institutes. The Summer Institute program is one in which educators earn graduate credits in an accelerated, one-week institute.

We are pleased to announce the 1st Annual Pennsylvania Wellness Institute, focusing on Respiratory Health and Smoking Prevention/Cessation, which runs August 2-5, 2004 on the campus of Millersville University. Educators, school nurses, and respiratory therapists will attend a general morning session in which nationally-known speakers address the topics of the institute and offer beneficial, practical educational strategies/techniques. After a buffet lunch, educators participate in small-group sessions where they work with peers and faculty members discussing how to implement various strategies in the classroom.

The following speakers will be highlighted at this year's institute:

- Dr. Robert Gillio – InnerLink Founder, Chairman, and Chief Medical Officer
- Dr. Victor DeNoble – Experimental Psychologist and Vice President of Hissho, Inc.
- Dr. Edward Rosenow – Master FCCP, past president, American College of Chest Physicians, Mayo Clinic, Rochester, MN
- Dr. Soheil Chegini – Penn State Milton S. Hershey Medical Center, Department of Pulmonology, Allergy, and Critical Care Medicine

During the Wellness Institute, the following topics will be discussed:

- Respiratory health and education
- Smoking prevention and cessation
- Teaching methods
- Role of technology
- Asthma and allergies
- Strategies for implementing a coordinated respiratory health program

In discussing the potential of this new institute, Sue Lynam, Director of Professional Development from InnerLink, Inc., indicates that “the institute will offer health educators, school nurses, athletic trainers and community respiratory health leaders the most current respiratory health information and technology available. The institute's participants will use InnerLink's validated, proven curriculum *Project Breathe* to educate, motivate and empower their students and school communities to understand the importance of maintaining a supportive smoke free environment.”

For more detailed information about the summer institutes or to receive an institute brochure, call (717) 872-3030, option 2 or visit the website and download a copy of the brochures at http://muweb.millersville.edu/~pte/summer_inst.htm.