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Save the Date
If you are going to the AHPERD National Convention in Fort Worth, TX remember to stop by room 204AB in the convention center and hear Martha Harris speak from 3:00 to 4:00 p.m.

Cathy

Spring into action! It's that time of year when all of us join in the annual ritual of spring cleaning. With that in mind, we would like to dust off those thoughts you've accumulated all year long about Health eTools and [gather your feedback](#). So, while schools out this summer we can continue to help you accomplish your goals on student wellness. Take a moment and assess how your school is doing in promoting the goals of improved student wellness through healthy lifestyles. Together we are creating a culture of wellness through the collaborative efforts demonstrated in Health eTools for Schools.

Thank you for leading the way investing in our youth – our future.

Warm Regards,

Martha Harris, Vice Chair & Co-Founder
InnerLink, Inc.

Share Your Opinion

Tell us how you like Health eTools for Schools. We are asking your opinion on what you like and what you don't like about Health eTools, so we can make sure that this valuable resource continues to help you accomplish your goals of improved student wellness. Please take a moment to fill out this simple online survey [today](#).

We ask that surveys are completed by April 11, 2008. [Click here to complete your survey now.](#)

Keystone Healthy Zone

All public and private schools (K-12) in the Commonwealth are encouraged to enroll in the Fifth Annual Keystone Healthy Zone campaign.

This annual campaign publicly recognizes schools for their commitment to creating and maintaining healthy school environments by equipping them with the tools and information they need to make healthy easy.

Enroll between March 3 & April 18. Get a jump start on your enrollment by completing the assessment by [clicking here](#).

Minutes in Motion Challenge

Minutes in Motion is an exciting new initiative sponsored by Highmark Foundation and the Pennsylvania Association for Health Physical Education Recreation and Dance (PSAHPERD).

For Support
please call
(888)837-4737
or email

support@theinnerlink.com

Be one of the first 2,000 to be part of the Challenge following the first ever American Eagle Outfitters Tour of Pennsylvania presented by Highmark Healthy High 5. Cyclists from around the world will compete in the Tour of PA in June, and your students can compete for prizes through the Challenge.

To be part of this challenge contact Teresa Lukes, PSAHPERD project coordinator at gventures@verizon.net or call (412) 908-0810 by April 7, 2008.

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